



Southern Illinois University Edwardsville Cougars Soccer Camps 2011

www.cougarsoccercamps.com

Campus Box 1129 · Edwardsville, IL 62026 · (618) 650-2476 Office

Suggested Articles to Bring to Camp

1. Sleeping bag or bed linen (including lightweight blanket)
2. Pillow
3. Soccer shoes (outdoor)
4. Indoor soccer shoes/tennis shoes/sandals (for walking around in)
5. Proper soccer attire (be prepared for various weather conditions) ***Please bring gray and white shirts for training & games. 3-4 sessions each day!***
6. Sweat suit or warm up
7. Fresh supply of socks, underwear, shirts, shorts etc.
8. Soap, shampoo, toothpaste, toothbrush, SUN SCREEN!
9. Shin guards
10. Swimsuit & Towel
11. Spending money – snacks & pizza available each evening
12. Soccer Ball- With Your Name on It!

If you have any questions, please feel free to contact us at 618-650-2476 during the day. If we are not in, please leave a voice mail or you can email us at cougarsoccercamps@gmail.com

Forms are available on the website: www.cougarsoccercamps.com